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News for Oklahoma City (5-State) Area

November 1966

PLAIN TALK FROM THE IHAD

In this issue, which calls attention to social services at PHS Indian Hospitals and consultant services to the community groups Indian interested in alcoholism, proper care for older people, and family planning, we will take advantage of the opportunity to pass along Indian Health's tribute to Dr. Kirk T. Mosley, and to welcome his successor, Oklahoma's new Commissioner of Health, Dr. Ardell B. Colyar.

Dr. Mosley is to be Consultant in Family Planning to the Ford Foundation, and headquartered in Calcutta, India.

Dr. E. S. Rabeau, Chief, Division of Indian Health expressed himself thus in a letter to Doctor Mosley:

"Your letter advising me of your accepting a position with the Ford Foundation in India causes some rather ambivalent feelings. I am most pleased for you that you will be engaging in a program for the people of Asia once again, but at the same time we regret losing you as INDIAN HEALTH AREA DIRECTOR'S REGULAR MONTHLY COLUMN IS CONTINUED ON PAGE 5

Dental Officers Hear Glauser

DENTISTS PUSH THE PREVENTIVE PROGRAM FOR 12-YEAR-OLDS, TO AVOID STRAIGHTENING TEETH



At Area Dental Conference in October, dental officers learned principles of interceptive orthodontics from Dr. Russell Glauser, Indian Health Dental Consultant, as he explained details of their program with 12-year-old Indian beneficiaries. Services and records will be used by DIH in the future to evaluate progress in orthodontic condition in Indian Health. Preventive measures in dentistry with 12-year-olds will avoid having to straighten teeth at later ages.

Beginning with Dental Officer Dr. George Bouldien, Jay and Claremore, peeking through at left from back row, we show Dr. James Kimble, Philadelphia, Mississippi; Dr. Herbert Reed, Tahlequah; Dr. Blair Thurgood, Lawton; and Dr. John T. Durkin, Chief, Area Dental Branch.

Front row, from left: Dr. John Wilson, Cherokee, N. C.; Dr. Jerry Gribble, Talihina; Dr. Steven Weiss, Chilocco; Dr. Glauser, who is headquartered at Intermountain School, Brigham City, Utah; Dr. William Bird, Haskell Institute, Lawrence, Kansas; and Dr. Albert Guckes, Anadarko, Oklahoma.

JANE TIGER IS NOW IHAD SECRETARY; ORIENTS HER REPLACEMENT; MRS. DORIS McATEE

When Mrs. Carolyn Urabazo married Billy G. Wells as he headed for North Carolina to work on Master degree in Public Health, Doctor McBrayer granted her a year's leave of absence.

Promptly Jane Tiger, Secretary to Executive Officer, moved into position as Secretary to Indian Health Area Director. Mrs. Doris McAtee, former Secretary to Chief, Area Social Service Branch, and Chief, Area Health Records Branch, became Secretary to E. V. Downing, Executive Officer.

Oklahoma City Area Office, serving five states in Indian Health, gives these two young Indian women an opportunity to serve in a combination care, rehabilitation, and preventive medical



DORIS MCATEE AND JANE TIGER

program unique in Department of Health, Education and Welfare, U.S. Public Health Service.

Approximately 72,450 Indian beneficiaries in Oklahoma, Kansas, North Carolina, Mississippi, and Florida, represent more than sixty tribes.

Both Miss Tiger and Mrs. McAtee are of the "Five Civilized Tribes" removed to Oklahoma from the South. Jane Tiger is Creek. Doris McAtee is Chickasaw.

IHAD Col, written by editor while he was on vacation.

"GETTING TO KNOW YOU" IS IMPORTANT PART OF THE CLINICAL SOCIAL WORKER JOB AT INDIAN HOSPITAL



Above, Miss Nancy Westmoreland, RSW, Clinical Social Worker on staff of PHS Indian Hospital, Lawton, Oklahoma, visits with a gentleman who claims to be "the oldest Comanche living." She described him as "very alert and most cooperative." Thomas Biehler, Public Health Educator, made the photograph.

Part of the clinical social worker's job is interpreting to the hospital staff the patients' (and sometimes the family's) feelings, why they feel the way they do, and to make suggestions for alleviation of various anxieties. Many families are not aware of the medical and social benefits they are entitled to under our current legislation. The hospital doctor depends on the clinical social worker to be knowledgeable in this field and to keep the patient and his family advised.

Medical Social Work Part of Extended Hospital Care to Aid Patient Improvement

CLINICAL SOCIAL WORKER HELPS PATIENT MAKE SATISFACTORY ADJUSTMENT TO LIFE'S SITUATION

BY
ELISABETH SILCOTT, CHIEF
INDIAN HEALTH AREA SOCIAL SERVICE BRANCH

In Indian Health, clinical social workers are part of the comprehensive health service team working for an individual patient's recovery and following that patient after discharge to assure maintenance of benefits re-

ceived during hospitalization. This includes working closely with doctor and staff; with patient and members of his family; and with officials of the related health and welfare agencies in the community. Coordinating volunteer

INDIAN HEALTH MEDICAL SOCIAL WORK TODAY INCLUDES:

1. Mental Health

Preventive health services and referral to medical or psychological services which cannot be provided in DIH.

2. School Health

August issue of "Talking Leaves" described some of the preventive services of PHS at BIA Indian schools.

3. Services to the Aged

This November issue of "Talking Leaves" reveals some aspects of medical social services to elderly Indian patients and their families and communities.

4. Alcoholism

PHS-DIH research is pointing to need of more medical social service in this field. As Indian communities request it, medical social workers serve as consultants to groups studying the problem.

5. Family Planning

This issue explains how
Bureau of Indian Affairs
(under Department of Interior)
works with Division of Indian
Health (under U. S. Public
Health Service, Department of
Health, Education and Welfare)
to help Indians keep abreest
of health trends today in
family planning.

work has long been a part of clinical social worker responsibility.

For some patients, the adjustment to hospital routine is difficult. Some need to know how to obtain financial assistance. For each patient, making a satisfactory adjustment to his particular life situation is part of the process of healing and recuperation.

Today, making necessary arrangements for elderly people upon discharge from the hospital is a large part of the task. (See photos.)

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Although clinical social workers have long recognized alcoholism as a disease, and worked with the families of patients addicted, Indian Health currently has no formal program for treatment of alcoholism. Upon request from groups in the community, clinical social workers aid on a voluntary basis in the establishment of Alcoholics Anonymous (AA) or other physician-recommended approaches treatment. Such groups have been established in this Area in the past at Shawnee and Lawton, Oklahoma.

In the field of family planning the clinical social worker takes her part with the physician in interpreting medical instructions as for any care and preventive service. She helps the patient with problems which arise in connection with the medical care.

BIA-PHS

In joint agreement with Bureau of Indian Affairs Indian families are provided funds to meet family planning needs. When BIA is requested to aid with funds, referrals are made to PHS for medical services. The DIH clinical social worker counsels with family, explains the medical service, and provides the follow-up counseling indicated by the physician for the patient.

PHYSICIAN AND CLINICAL SOCIAL WORKER MAKE SURE PATIENT'S FAMILY UNDERSTANDS DISCHARGE PLANS



At PHS Indian Hospital, Claremore, Oklahoma, Dr. William D. White, Service Unit Director, and Mrs. Frances D. Paxson, RSW, Clinical Social Worker, (right), confer with the daughter of an elderly patient concerning plans for her mother's discharge from the hospital. Objective is to assure maintenance of benefits received during hospitalization. Whether the mother returns to her own home, or goes to the home of one of her children, or is to be cared for in a community nursing home, the services of the clinical social worker will be available to the patient and her family, as well as to the community agencies involved.

ED. NOTE: August issue "Talking Leaves" featured mental health services in DIH medical social work, showing Mrs. Paxson and Miss Edna Haynes, RSW, on staff of PHS Indian Hospital, Talihina, at Jones Academy, Hartshorne. Space has not allowed reporting of the work of Mr. Armin Saeger, RSW, on staff of PHS Indian Hospital, Tahlequah, where Indians have formed a community mental health group.

November 1966

SUDs Hear Gynecologist

PRESENTATION IS ON PATIENT EDUCATION

Indian Health Service Unit Directors in Area Office for annual conference heard Dr. John W. Records, Medical Director for the Oklahoma City Center of Planned Parenthood, on contraception and patient education.

Doctor Records is Chairman, Department of Obstetrics and Gynocology, Presbyterian Hospital, Oklahoma City, and is also on staff of The University of Oklahoma Medical Center.

Attending him from the New York City office of Planned Parenthood-World Population, were Dr. George J. Langmyhr, Associate Medical Director; and from Austin, Texas, Alan P. Bloebaum, Director of Southwest Region.

Arrangements were made by Mrs. Elisabeth Silcott, Chief, Area Medical Social Service Branch.

According to Dr. Benjamin E. McBrayer, medical officers serving DIH provide technical information and guidance to Indians desiring assistance in controlling family size. DIH services are similar to those carried out in the normal course of any patient-physician relationship.

Some Indian families experience the problem of not having children when they desire them. Indian Health

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SERVICE UNIT DIRECTORS' ANNUAL CONFERENCE

Prom Page Three physicians are as interested in increasing fertility as in promotion of education for responsible parenthood in family planning.

Dr. Emory A. Johnson, Chief, Office of Program Services, and Joseph Leahy, Acting Chief, Office of Administration, Division of Indian Health, Washington, D. C., attended conference of Service Unit Directors & Hospital Administrative Oficers.

Doctor Johnson spoke on full use of consultant staff in a multi-discipline agency.

PLANNED PARENTHOOD-WORLD POPULATION

According to Alan P. Bloebaum, Director, Southwest Region, Planned Parenthood-World Population, voluntary agencies in the nation can work with local, State and Federal agencies and still maintain leadership in their respective health specialties. The requirements are vision, patient work with people, and organizational ability to dovetail at needed points and "close the gap" where promotion and services are not provided people.

In fifty years this organization has progressed from Margaret Sanger's first slogan "Every Child Should Be a Wanted Child," to the current agency slogan "Tooling Up to Meet Today's

Challenge."

Dr. Edwin O. Wicks, New Mexico Department of Public Health, speaking at 1966 Annual Meeting of Flanned Parenthood, said, "There should be and can be a wonderful working partnership between the official and the voluntary agency to accomplish common goals."

Between 1963 and 1965 the number of local health departments giving family planning services rose from 591 to 843.

Oklahoma has three newly formed Planned Parenthood Associations, all in conjunction with local health departments, at Muskogee, Shawnee and Norman.

Dr. John W. Shackelford, Director of Maternal and Child Health, Oklahoma State Department of Health, has worked with Dr. John W. Records, Gynicologist, Oklahoma City, for more than ten years to bring Oklahoma voluntary, State and Federal agencies together on family planning.

REPRESENTATIVES OF EASTERN OKLAHOMA TRIBES HEARD OF DIH MEDICAL SOCIAL SERVICES IN APRIL

At April meeting of Chiefs of Five Civilized Tribes in Indian Health Area Office, Dr. B. E. McBrayer, Indian Health Area Director, had Mrs. Elisabeth Silcott, Chief, Area Medical Social Service Branch, tell of Bureau of Indian Affairs funding of family planning services, and how Division of Indian Health clinical social workers function at Indian hospitals to include this phase of preventive health.



Howard Walkingstick, Director, BIA Social Service Branch, Anadarko Area, was a guest. She invited him to review with Indian leaders how Bureau of Indian Affairs and Public Health Service personnel combine their efforts to give Indian

people the desired services and information on family planning.

Above, Mr. Walkingstick, left, is with Marvin Liddell, Oklahoma City attorney and guest of Overton James, Governor of the Chickasaw Nation; Mrs. Silcott; and Tom Bear, Creek Tribal Sanitation Representative, Holdenville, who was a guest of W. E. McIntosh, Principal Chief of the Creek Nation.

ED. NOTE: To keep the reader clear in his Oklahoma tribal geography, Cherokee, Chickasaw, Choctaw, Creek and Seminole are served by Muskogee Area, Bureau of Indian Affairs, where Miss Peggy Vaught is Director of BIA Social Service Branch.

BIA & PHS Cooperate to Provide Family Services

Family planning services in Bureau of Indian Affairs are described by Leslie P. Towle, Area Director, Anadarko, Oklahoma, in the following way:

"The Area Office through the Branch of Social Services reviews and makes known to Indian agencies printed materials regarding family planning activities.

"In response to memorandums of the Secretary of the Interior, and the Commissioner of Indian Affairs, the staff of the Anadarko Area have held a series of discussions with Division of Indian Health, Oklahoma City Area Office personnel to develop a plan of referral of interested Indian persons to this program being conducted at various hospitals and clinical facilities throughout western Oklahoma.

"The plan provides that Bureau staff will make referral of interested persons to the Division of Indian Health Clinical Social Worker where such personnel are assigned, and to the Medical Officer in charge of an installation where there is no clinical social worker.

"The DIH hospital staff then follows through from that point with indicated services. Staff of Anadarko BIA Area keepabreast of family planning services provided by the State Health Department and private agencies, as this is the Anadarko Area's preferred referral service, through county health departments, to enable the Indian to be interwoven into community services that are available to all citizens.

**BIA social workers have taken the initiative to discuss with some interested clients the availability of family planning services.

FAMILY PLANNING

From Page Four

Where Adult Education is pursued, family planning is included in programming. In an agency monthly letter articles on this subject have been appreciated. Some of the Anadarko Area staff suggested to Community Action Program directors that this service could possibly be included within their educational programs.

"To date, in the Anadarko Area, a total of 71 referrals have been made by BIA social workers for family planning services. This small start indicates that there is considerable interest in this subject on the part of Indian families."



In the Bureau of Indian Affairs Area Office in Anadarko, Oklahoma, the Area Director, Leslie P. Towle, left, reviews informational materials for Indians on family planning with his Director of Social Services, Howard Walkingstick.

According to Mrs. Elisabeth Silcott, Chief, Medical Social Services Branch, Indian Health Area, Mr. Walkingstick is currently President of Oklahoma Health and Welfare Association, so has had top level liaison to all agencies interested in social services.

ED. NOTE: "Talking Leaves" November 1958 gives BIA Anadarko Area credit for the first "Indian Breakfast," an annual entertainment event at Oklahoma Health and Welfare Conference. Keeps members current on what BIA and PHS are up to.

Plain Talk Continued

IHAD, from Page One

a consultant to the Division of Indian Health."

For his outstanding contributions to DIH, Doctor Mosley was given Division of Indian Health Certificate of Appreciation.



DR. KIRK T. MOSLEY

DIH EPIDEMIOLOGY CENTER

He participated with staff of Indian Health's Epidemiology Training Center, Phoenix, Arizona, supporting the concept of using epidemiologic reasoning in program planning and management of health services, which has resulted in a rather unique course.

PREVENTIVE MEDICINE RESIDENCY

He participated in the development and implementation of Division of Indian Health Preventive Medicine Residency Program for graduate study which has resulted in the provision of a corps of trained physicians in this specialty. Also, this program has contributed to the recruitment and retention of physicians.

In Oklahoma Doctor Mosley's keen interest in preventive medicine has been reflected in his staff of Oklahoma State Health Department in their work with Indian Health.

> A. B. COLYAR, M.D., M.P.H. NEW COMMISSIONER OF HEALTH

Oklahoma's new Commissioner of Health will be Dr. A. B. Colyar, Deputy Chief, Division of Medical Care Administration, Bureau of State Services, Public Health Service, detailed by the Surgeon General to

Oklahoma until his retirement from PHS.

He is a native Oklahoman and graduated from University of Oklahoma Medical School, obtaining M.P.H. degree in 1951 from Johns Hopkins School of Hygiene and Public Health.

He belongs to the "Alaska fraternity," having served PHS as Director of Arctic Health Research Center, at Anchorage until 1965.

Another thing the new Commissioner has in common with this health officer is the influence of ministers. My uncle was a Methodist minister. Doctor Colyar's father was a Baptist minister. Both of these churches have taken consistent and aggressive interest in the welfare of Indian people.

Benjamin E. McBrayer, MD

(For internal administrative use only)
Request information from
Benjamin E. McBrayer, M. D.
Indian Health Area Director

Editor, Sula Saltsman Goodman Àrea Public Information Specialist

SERVICE UNITS

· Will L. Nash, M.D. Cherokee, N.C. Philadelphia, Miss. M. A. Dawson, Jr. M.D. Claremore, Okla. William D. White, M.D. Clinton, Okla. J. Gail Neely, M.D. Lawton, Okla. William J. Atkinson, M.D. Howard Goldberg, M.D. Pawnee, Okla. Tahlequah, Okla. Emerson D. Farley, M.D. Talihina, Okla. Ralph C. Bailey, M.D. Shawnee, Okla. Kermit S. Dugan, M.D. Haskell Institute Kenneth L. Koehn, M.D.

THREE INDIAN HEALTH CLERKS ARE

Champion Dancers in 1966

To date these three Area Office employees have won 1966 Indian dance contests.



Olamae Asah Franklin, center, Purchasing Agent, won first place in the Cloth Dress Division of women's dance contests at American Indian Exposition, Anadarko this year. Her sister, Lura Jones, rt., Secretary for Office of Environmental Health, won the Tulsa Powwow contest. They are of Kiowa and Comanche tribes.

Leatrice Hawk, Property-Supply Management Clerk, took the prize at the annual Pawnee Homecoming. She is Cheyenne.

Indian dancing contributes a lively note in Oklahoma's attempt to build its tourist industry, however, these young women take an even more serious attitude toward the art. They feel an obligation to conserve the cultural significance of the old Indian ceremony for Indians and for all Americans. dresses they wear are as authentic as they can make them, as well as the dance. ED. NOTE: It is a grave privilege to dance with an Indian group. Recently such an honor was conferred on Dr. Alfredo Mendez, Cuban Medical Officer headquartered at PHS Indian Health Center, Shawnee. Sac and Fox, dancing at "Ed Mack's," invited Doctor Mendez to join them.

INDIAN HEALTH AREA OFFICE, PUBLIC HEALTH SERVICE

301 POST OFFICE BUILDING, OKLAHOMA CITY, OKLAHOMA

Dr. Kermit S. Dugan, Service Unit Director, tells us that Kickapoo Indians also appreciate Doctor Mendez. He has mastered the Spanish their grandfathers learned in early days when the tribe traveled to Old Mexico.



OLAMAZ FRANKLIN AND LEATRICE HAWK AT A PLAINS INDIAN COMMUNITY POW-WOW

Winter's Here!

EMPLOYEES LINE UP FOR 1966 INFLUENZA SHOTS



Personnel Branch provided coordination, Pharmacy Branch procured vaccine at reasonable cost, and Contract Medical Care Branch gave the services of its own Chief, Dr. Walter E. Deacon, when Area Office employees desired a 1966 influenza shot.

Above, two Indian employees, Beatrice L. Walker, Personnel Clerk, who is Creek-Seminole, and Jennie P. Jim, Office Services Clerk on Pawnee tribal roll, stand in line while Doctor Deacon gives a shot to Hazel Bolton, Area Dietary Consultant.

FRED T. FOARD, M.D. 1889-1966

PHS and BIA employees who have served Indians a long time should know that Dr. Fred T. Foard was the victim of an automobile accident August 7 and died.

Doctor Foard, a member of the PHS Commissioned Officer Corps, served as Chief of the Branch of Health, Bureau of Indian Affairs, from 1948 to 1952.

After his retirement from the Federal service, Doctor Foard was Director of Epidemiology with the North Carolina Board of Health.

During the administration of Dr. James R. Shaw, first Chief of Division of Indian Health, U. S. Public Health Service, Doctor Foard served on Surgeon General's Indian Health Advisory Council.